

[Cheer Up at the End of the Semester]



## 靜觀園藝治療工作坊 (WPDP)



Horticultural Therapy with  
Mindfulness Workshop



Content:

- Introduction to Horticultural Therapy
- Practicing Mindfulness
- Creating with Horticulture

Date: 21 Apr 2026 (Tue)

Time: 14:30-16:00

Venue: SMC 1301C

SCAN HERE

